

YOU HAD MY HEART IN YOUR HAND

Choreography: Ines Möricke Black Rebels (Berlin German)

Music: Rolling in the Deep – Adele

Description: 64 Count 2 wall Intermediate / Advance

Beginning: *Use Count to 40 with the first beat of percussion (drum beat)*

Cross, Point, Cross, Point, Step, Touch, Shuffle Back ½ Turn L

- 1-2 Cross right over left, touch left to side
- 3-4 Cross left over right, touch right to side
- 5-6 Step right forward right and touch left behind right
- 7&8 Turn ¼ left step left to side, right next to left, turn ¼ left and step left forward

Point, Hold, Point, Hold, Touch & Touch, Rock Forward

- 1-2 Touch right to side, hold
- &3-4 Step right next to left, touch left to side, hold
- &5&6& Left next to right, touch right toe forward, step right together, touch left toe forward
step left next to right
- 7-8 Rock right forward, recover to left

Chasse with ¼ Turn R, Cross Rock, ¼ Turn L, ½ Turn L, ¼ Turn L, Touch

- 1&2 ¼ turn right and step right to side, left next to right, step right to side
- 3-4 Cross left over right – recover to right
- 5-8 ¼ turn left and step left forward, ½ turn left and step right back,
¼ turn left and step left to side, touch right beside left

Kick Ball Step, Rock Forward, Chasse with ¼ Turn R, 2 Step Forward L-R

- 1&2 Kick right forward, right ball together, step forward to left
- 3-4 Rock right forward – recover to left
- 5&6 ¼ turn right and step right to side, left next to right, step right forward
- 7-8 2 step forward right, left

Restart: *in the second Round - 6 Clock -in the sequence 4 -
Replace Count 8 with a touch and start the dance again*

Mambo Step, Long Step Back, Slide Back, Step, Touch, Kick Ball Cross

- 1&2 Step left forward - recover to right, step left next to right
- 3-4 Long step back with right, left next to the right
- 5-6 Step left to side, touch right beside left
- 7&8 Kick right forward, right ball together, cross left over right

Step, Touch, Shuffle ¼ Turn L, Step Forward, ½ Turn L, Shuffle Back ½ Turn L

- 1-2 Step right to side, touch left next to right
- 3&4 ¼ turn left and step left forward, right next to left, step left forward
- 5-6 Step right forward with ½ turn left
- 7&8 ¼ turn left and step right to side, left next to right, ¼ turn left and step back to right

Back Rock, Side Rock, Behind -Side -Cross, Side Rock with ¼ Turn L

- 1-2 Rock left back – Recover to right
- 3-4 Step left so side – Recover to right
- 5&6 Cross left behind right, step right to side, cross left over right
- 7-8 Step right to side, ¼ turn left, weight left

**Touch, Step Forward, Touch, Step Forward, Kick R, Slide Back Step R, Touch L
Kick L, Slide Back Step L, Touch R**

- 1-2 Touch right forward, step right forward
- 3-4 Touch left forward, step left forward
- 5&6 Kick right forward, right ball slide back the floor and right next to left,
Touch left beside right
- 7&8 Kick left forward, left ball slide back the floor and left next to right,
Touch right beside left

Ending:

Cross, ½ Turn L

- 1-2 Cross right over left - ½ turn left

Dance starts again

J.M.